



SHERMAN DENTAL

CEREC® Crown Follow-up Instructions

Congratulations on your new one-visit CEREC® crown! You have received the most advanced CAD/CAM technology on the market today!

TIPS TO CARE FOR YOUR NEW CEREC® CROWN

The following instructions are meant to be helpful tips to ensure success with your new crown.

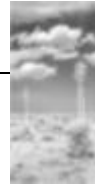
1. If anesthetic was used, do not eat on the affected side until the numbness has worn off to avoid injuring yourself.
2. It is common to have sensitivity to cold, hot or crunchy foods for several days to several weeks after the procedure. You will want to moderate your diet to your specific symptoms. The use of Tylenol or Advil may be used to alleviate the sensitivity. This sensitivity should be diminishing over time.
3. Because your new crown is an all-porcelain crown, never chew: ice, peanut brittle, frozen Snickers bars, popcorn seeds or similar hard and brittle substances. Like teeth, these types of foods may fracture the porcelain.
4. Please understand that very sticky foods such as Dots, Starbursts, Caramels and similar types can cause the cemented crown to come off. Please avoid these excessively sticky foods.
5. If the new crown feels “too high” or “too heavy” to the bite, please call us so that we can schedule you for an adjustment.
6. If the crown ever comes off, call the office as soon as possible to have it re-cemented. If the crown is left off for more than 48 hours, the tooth may move and a new crown will be needed at additional cost.

Again, computer generation is the most technologically advanced means of fabricating a custom fitted dental restoration to meet your dental needs in an ever-busy world.

The process allows us to make a superior custom-fit crown tailored to your tooth in a fraction of the time of conventional methods. This saves you from extra appointments, more “shots” and having to wear an ugly temporary crown.

We trust this has been a positive experience for you!! If so, give us the honor of treating your family and friends.

3115 North Leslie Road • Silver City • New Mexico • 88061
575.388.2515 575.388.2313 (fax)



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