

## Pre-Op Instructions

It is very important for you to take the prescriptions you have been given. It is your responsibility to follow Dr. Sherman's instructions for the success of this procedure. If you have any questions or concerns, you should ask them at least 24 hours prior to your appointment.

1. Eat a full breakfast the morning of the procedure. This is especially important if you are diabetic.
2. Dress in comfortable clothing
3. Arrange for a driver if you have been given Xanax
4. Arrange to have your Informed Consent's signed in advance if you have been given Xanax
5. Have your Post-Op prescriptions already filled
6. Take the following Pre-med prescriptions the as directed. Not all patients will get all of the following medications:

Amoxicillin: Take 2000mg 1 Hour prior to Appointment

Clindamycin: Take 600mg 1 Hour prior to Appointment

Dexamethasone: Take 8mg the morning of the Appointment

Xanax: Take 0.5mg the night before and one hour prior to Appointment